

# Health and Safety

**Course Name**

Mental Health First Aiders Refresher

**Course Description**

Renewing their skills Updating their knowledge of mental health supports Giving them the chance to practice applying the Mental Health First Aid action plan Providing them access to three years of MHFAider® support and benefits

**Audience**

**Duration:** 0.5 Day(s) **Class Size:** 25

**Competence Name Awarded****Competence Awarded****Course Code****Prerequisite Name****Prerequisite Short Code****Skills Assessment Scheme Regime****Course Type**

Face to Face

**Download Date:** 17/5/2024