# NetworkRail

## Technical & Vocational Courses

# **Health and Safety**

#### **Course Name**

The Ladder Association - Ladders and Stepladders combined user and inspection

#### **Course Description**

This course covers:

- Current Legislation, Regulations & Guidance
- Roles & Responsibilities of Employers & Employees
- Equipment Leaning, Combination, Multi Hinged and Telescopic Ladders, plus Stepladders
- Site > Task > Equipment > People
- Pre-Use Checks
- Formal Inspections of Ladders & Stepladders
- > Inspection Procedure
- > Carrying Out an Inspection
- > Frequency of Inspections
- > Recording Inspections
- > Advice on Repairs & Disposal Procedures
- Personal Hazards

At the end of the course there is an assessment covering:

- Theory 30 Question, Multiple Choice Exam
- Practical S.T.E.P Assessment of a Task, Pre-Use Inspection, Carrying & Setting Up a Ladder & Stepladder, Completing the Task, Completing a Formal Inspection.

Delegates who complete the theory and group exercises will be awarded a LadderCard which is valid for 60 months.

If a colleague has already attended the endorsed course and holds an in-date Ladder Association Laddercard then they can be awarded this competence at level 3 - Competent.

#### Audience

This competence is for use by Telecoms colleagues who do not hold "HSE T44-Working at height foundation" competence.

Duration: 1 Day(s) Class Size: 8

#### **Competence Name Awarded**

Ladders & Stepladders: user & inspection (Excl built-in fall arrest systems)

#### **Competence Awarded**

HSE T39

#### **Course Code**

HSE T39

**Prerequisite Name** 

**Prerequisite Short Code** 

**Skills Assessment Scheme Regime** 

## **Course Type**





Face to Face - Personal Protective Equipment

**Download Date: 17/5/2024**